

## **SUMMER 2023 PROGRAMS**

# **SEATTLE CITYWIDE**RECREATION PROGRAMS

## **COMMUNITY CENTERS:**

#### **NORTHEAST**

MAGNUSON MEADOWBROOK MILLER

MONTLAKE

RAVENNA-ECKSTEIN

### **NORTHWEST**

**BALLARD** 

**BITTER LAKE** 

**GREEN LAKE** 

LOYAL HEIGHTS

**MAGNOLIA** 

**NORTHGATE** 

**QUEEN ANNE** 

#### **SOUTHEAST**

**GARFIELD** 

INT'L DISTRICT/CHINATOWN

**JEFFERSON** 

**RAINIER** 

RAINIER BEACH

**VAN ASSELT** 

#### **SOUTHWEST**

DELRIDGE

**HIGH POINT** 

SOUTH PARK

**YESLER** 

VIRTUAL PROGRAMS
ENVIRONMENTAL LEARNING



REGISTER MAY 23

**REGISTER ONLINE:** https://bit.ly/spr\_activity\_reg





**Seattle Parks and Recreation** is pleased to offer several options to register for programs and activities.

**MAY 23** 

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.



### FINANCIAL AND SCHOLARSHIPS AVAILABLE!

**NEW** online application, it's easy to apply. Available in 8 languages. Visit CiviForm to learn more and apply. For more information, contact your local recreation facility or visit: https://www.seattle. gov/parks/find/scholarships-and-financial-aid

**Note:** Application can take up to two weeks to process and must be approved prior to registration when funds are available.



## **FIRST CHOICE**

Check out Seattle Parks and Recreation's online registration software at <a href="http://bit.ly/spr\_registration">http://bit.ly/spr\_registration</a> account. Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



#### **SECOND CHOICE**

Call select recreation centers during their hours of operation at the phone number listed at: seattle.gov/parks/centers.asp.



#### THIRD CHOICE

Register by phone with our Business Service Center (BSC) at 206-684-5177, Monday-Friday between 8:30 a.m.-6 p.m. Email questions to:

ParksBSC@seattle.gov



We will no longer be doing vaccination screening or requiring masks to enter SPR recreation facilities. Please feel free to continue wearing a mask for your own comfort. We are asking that you self-screen prior to coming to a recreation facility to stop the spread of illness. If you are ill, please stay home.

**DISCLAIMER: Accuracy is our goal, but this brochure** is published for informational purposes only. Changes may be necessary depending on enrollment or other factors, and fees may change after City Council action on the City's annual budget.

**SOUTH PARK CC** 

8319 8th Ave S

Seattle, WA 98108

PH: 206-684-7451

YESLER CC

917 E Yesler Way

Seattle, WA 98122

PH: 206-386-1245

Fax: 206-684-7787

## **GENERAL INFO**

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**Miller CC** 

**Ballard CC** 

**Rainier CC** 

**High Point CC** 

**South Park CC** 

**Yesler CC** 

## **ENVIRONMENTAL LEARNING CENTERS**

**CARKEEK PARK CAMP LONG DISCOVERY PARK GENERAL INFORMATION** 950 NW Carkeek Park Rd 5200 35th Ave SW 3801 Discovery Park Blvd **SUMMER DAY CAMPS** Seattle, WA 98177 Seattle, WA 98126 **Seattle, WA 98199** PH: 206-386-4236 PH: 206-684-7434 PH: 206-386-4236 **PRESCHOOL** LICENSED SCHOOL-AGE CARE NORTHEAST SEATTLE **DROP-IN PROGRAMS** LAKE CITY CC LAURELHURST CC MAGNUSON CC **MEADOWBROOK CC** VIRTUAL PROGRAMS 12531 28th Ave NE 4554 NE 41st St. 7110 62nd Ave NE 10517 35th Ave NE **COMMUNITY CENTER UPDATES** Seattle, WA 98125 Seattle, WA 98112 Seattle, WA 98115 Seattle, WA 98125 PH: 206-256-5645 PH: 206-684-7529 PH: 206-684-7026 PH: 206-684-7522 **SPECIAL EVENTS** Fax: 206-684-4921 **CITYWIDE YOUTH ATHLETICS MILLER CC MONTLAKE CC RAVENNA-ECKSTEIN CC COVID GUIDELINES** 330 19th Ave E 1618 E Calhoun St 6535 Ravenna Ave NE **Seattle. WA 98112** Seattle, WA 98112 Seattle, WA 98115 ADDITIONAL INFORMATION PH: 206-684-4753 PH: 206-684-4736 PH: 206-684-7534 Fax: 206-684-4397 Fax: 206-233-7140 Fax:: 206-233-3973 **Camp Long** 日の日 **Carkeek Park NORTHWEST SEATTLE Discovery Park** BALLARD CC **BITTER LAKE CC GREEN LAKE CC LOYAL HEIGHTS CC Environmental Learning** 6020 28th Ave NW 13035 Linden Ave N 7201 E Green Lake Dr N 2101 NW 77th St Seattle, WA 98107 Seattle, WA 98133 Seattle, WA 98115 Seattle, WA 98117 PH: 206-684-0780 PH: 206-684-4052 PH: 206-684-4093 PH: 206-684-7524 **Magnuson CC** Fax: 206-684-7199 Fax: 206-684-0858 Fax: 206-684-7550 **Meadowbrook CC MAGNOLIA CC NORTHGATE CC QUEEN ANNE CC** 2550 34th Ave W 10510 5th Ave NE 1901 1st Ave W Seattle, WA 98199 Seattle, WA 98125 Seattle, WA 98119 PH: 206-386-4235 PH: 206-386-4283 PH: 206-386-4240 Fax: 206-386-4230 Fax: 206-684-4990 Fax: 206-386-4284 **Bitter Lake CC SOUTHEAST SEATTLE** NORTHWEST **Green Lake CC GARFIELD CC** INT'L DISTRICT/ **JEFFERSON CC Loyal Heights CC** 2323 E Cherry St **CHINATOWN CC** 3801 Beacon Ave S Seattle, WA 98122 719 8th Ave S Seattle, WA 98108 Magnolia CC Seattle, WA 98104 PH: 206-684-7481 PH: 206-684-4788 **Northgate CC** Fax: 206-684-4380 PH: 206-233-0042 Fax: 206-233-5036 Queen Anne CC **RAINIER CC RAINIER BEACH CC VAN ASSELT CC Garfield CC** 4600 38th Ave S 8825 Rainier Ave S 2820 S Myrtle St **Seattle, WA 98118** Seattle, WA 98118 Seattle, WA 98108 **International District/** PH: 206-386-1919 PH: 206-386-1925 PH: 206-386-1921 SOUTHEAST **Chinatown CC** Fax: 206-386-1904 Fax: 206-386-1510 Fax: 206-386-1894 **Jefferson CC** SOUTHWEST SEATTLE **DELRIDGE CC HIAWATHA CC HIGH POINT CC Rainier Beach CC** 4501 Delridge Way SW 2700 California Ave SW 6920 34th Ave SW Van Asselt CC Seattle, WA 98106 **Seattle, WA 98116** Seattle, WA 98126 PH: 206-684-7423 PH: 206-684-7441 PH: 206-684-7422 Fax: 206-684-7424 Fax: 206-923-1691 Fax: 206-684-7402 SOUTHWEST **Delridge CC** 

## **GENERAL INFO**



## **WORKSHOP AT SEATTLE COMMUNITY CENTERS?**

**Please contact the Assistant Coordinators listed to the** below with your programming idea(s).

**CLASSES ARE SCHEDULED APPROXIMATELY** SIX MONTHS IN ADVANCE.

### COORDINATORS/ASST. COORDINATORS

#### BALLARD CC

C: Tim Ewings | timothy.ewings@seattle.gov AC: Xavier Walker | xavier.walker@seattle.gov

#### **BITTER LAKE CC**

C: Cynthia Etelamaki | cynthia.etelamaki@seattle.gov AC: Richard By | richard.by@seattle.gov

#### **CARKEEK PARK**

C: Becca Reilly | becca.reilly@seattle.gov

#### **DELRIDGE CC**

C: Kiki Kennedy | kiki.kennedy@seattle.gov AC: Britt Lord-Jacobsen | britt.lord-jacobsen@seattle.gov

#### **DISCOVERY PARK**

C: Becca Reilly | becca.reilly@seattle.gov

#### **GARFIELD CC**

C: Derryn Anderson | derryn.anderson@seattle.gov AC: Jennifer Romo | jennifer.romo@seattle.gov

#### **GREEN LAKE CC**

C: Chris Easterday | chris.easterday@seattle.gov AC: Mary Pat Byington | marypat.byington@seattle.gov

#### **HIGH POINT CC**

C: Andrea Wooley | andrea.wooley@seattle.gov AC: Tamela Thomas | tamela.thomas@seattle.gov

#### **HIAWATHA CC**

C: Andrea Wooley | andrea.wooley@seattle.gov

#### INTERNATIONAL DISTRICT/CHINATOWN CC

C: Doreen Deaver | doreen.deaver@seattle.gov

#### **JEFFERSON CC**

C: Paul Davenport | paul.davenport@seattle.gov AC: Dawn Bennett | dawn.bennett@seattle.gov

#### LAKE CITY CC

AC: Penny Atwood | penny.atwood@seattle.gov

#### LAURELHURST CC

C: Rob Bellm | rob.bellm@seattle.gov

#### **LOYAL HEIGHTS CC**

C: Nick White | nick.white@seattle.gov AC: Xavier Walker | xavier.walker@seattle.gov

### **CLOSURES**



7/4 Independence Day

#### PARKS MANAGEMENT

A.P. Diaz Superintendent

**Mike Plympton Aquatics Manager** 

Tia Scott **Facilities & Youth Sports Manager** 

Chukundi Salisbury Environmental Programs & Adult Sports Manager **Daisy Catague Recreation Director** 

**Barb Wade** Recreation Manager

Trevor Gregg **Recreation Manager** 

Tim Pretare **OOC Recreation Manager** 

#### **MAGNOLIA CC**

C: Katie Fridell | katie.fridell@seattle.gov AC: Andrew Nguyen | andrew.nguyen@seattle.gov

#### **MAGNUSON CC**

C: Kim LeMay | kim.lemay@seattle.gov AC: Penny Atwood | penny.atwood@seattle.gov

#### **MEADOWBROOK CC**

C: Douglas Oaksford | douglas.oaksford@seattle.gov AC: Heather Wyatt | heather.wyatt@seattle.gov

#### **MILLER CC**

C: Jacqueline Oaksford | jacqueline.oaksford@seattle.gov

C: Stefan Schmidt | stefan.schmidt@seattle.gov AC: Samuel Chesneau | samuel.chesneau@seattle.gov

#### **NORTHGATE CC**

C: Santy Villarico | santy.villarico@seattle.gov

#### **QUEEN ANNE CC**

C: Gina Saxby | gina.saxby@seattle.gov

#### **RAINIER CC**

C: Staci Doan | staci.doan@seattle.gov

#### **RAINIER BEACH CC**

C: Martha Winther | martha.winther@seattle.gov AC: Deja'Nay Gilliam | deja'nay.gilliam@seattle.gov

#### **RAVENNA-ECKSTEIN CC**

**C:** George Yasutake | george.yasutake@seattle.gov

#### **SOUTH PARK CC**

C: Shannon Anderson | shannon.anderson@seattle.gov AC: Sam Chesneau | samuel.chesneau@seattle.gov

#### **VAN ASSELT CC**

C: Staci Doan | staci.doan@seattle.gov

#### **YESLER CC**

C: Gary Alexander | gary.alexander@seattle.gov AC: Faizah Osayande | faizah.osayande@seattle.gov

# SUMMER DAY CAMPS



## Do you want your child to have fun, engaging opportunities over the summer months?

The atmosphere at camp is one that emphasizes community relationships, but also recognizes individual achievement, creativity and original thinking. Our trained staff works daily to provide a safe and welcoming environment offering fun and active experiences in areas such as: arts & culture, sports & games, outdoor play and more.

### **REGISTRATION: April 18, 2023**

- Register early as camps will fill-up quickly!
- \$25 registration fee is required for signing up.
- Additional participant information and medically verified immunization form will be required in ePACT prior to participation.
- If you have a child with special needs, additional paperwork is required as well as a possible meeting with staff at least 2-weeks prior to the start of camp. Camp forms can be found at <a href="https://www.seattle.gov/parks/find/camps">www.seattle.gov/parks/find/camps</a>.
- Scholarship applications may be picked up at your local community center. DSHS child care subsidies are also accepted.
- Registration can be done at your community center or online. On-line registration closes Monday, June 26th. If you have questions or concerns, please contact the community center.

#### **DETAILS: PRESCHOOL AGE CARE**

- Ages: 3-5
- Operating Hours: Mon-Fri | 7 a.m. to 6 p.m.
- Cost: \$316/week | \$253/4-day (week of 7/3)
- First day of Summer Day Camp: July 3, 2023 (no camp July 4, 2023)
- Low teacher-child ratio of 1:8
   Staff is trained in Early-Childhood curriculum, CPR/
- First Aid, and safe food handling practices
- Children need to be fully potty-trained (no diapers or pull-ups permitted)
- Please speak with the program director regarding available food options. No refrigeration or microwave/oven will be available.

#### **DETAILS: SCHOOL AGE CARE**

- Ages: 5-12
- Operating Hours: Mon-Fri | 7 a.m. to 6 p.m.
- Cost: \$360/week | \$288/4-day week (week of 7/3) | \$216/3-day (week of 8/28)
- First day of Summer Day Camp: July 3, 2023 (no camp July 4, 2023)
- A morning and afternoon snack will be provided daily.
   Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available.



## **PRESCHOOL**

## 2023-2024 PRESCHOOL PROGRAMS | AGES 3-5

#### PRESCHOOL PROGRAM

Seattle Parks and Recreation offers half-day or full-day preschool programs at various locations across Seattle. These low-cost early childhood programs provide a safe. happy, healthy learning environment for preschool children. Seattle Preschool Program (SPP) and Pathways Preschool program utilize Creative Curriculum for Preschool from Teaching Strategies Gold (TSG). This researchbased curriculum offers early childhood educators a comprehensive collection of resources and assessment tools to help them build high-quality programs. Children will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

### **SEATTLE PRESCHOOL PROGRAM (SPP)** (Full-Day/6 hour Programs)

ALKI @ SCHMITZ PARK

BALLARD COMMUNITY CENTER

BITTER LAKE COMMUNITY CENTER

**MEADOWBROOK COMMUNITY CENTER** 

## PATHWAYS PRESCHOOL PROGRAM (Half-Day/3.5 hour Program)

QUEEN ANNE COMMUNITY CENTER

#### **DETAILS:**

- Ages: 3-5 years
- Cost: Varies by program. For more information, visit: bit.ly/3KRMcEo. For questions, contact Early Learning Program Coordinator: Katie Sifford at katie.sifford@ seattle.gov
- Low teacher-child ratio of 1:8
- Staff is trained in Early Childhood Education, CPR/ First Aid, and safe food handling practices.

#### REGISTRATION

- Registration is now open!
- Scholarships are available!
- Seattle Preschool Programs must be registered through the Department of Education and Early Learning (DEEL). For more information and access to the 2023-2024 SY application, please visit: <a href="https://www.seattle.gov/">https://www.seattle.gov/</a> education/for-parents/child-care-and-preschool/seattlepreschool-program
- Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13) or ePact. If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.

## **SCHOOL-AGE CARE**

## 2023-2024 SCH00L-AGE CARE AFTER SCH00L PROGRAMS | AGES: 5-12

## Do you want your child to have fun, engaging opportunities that support continued learning and personal growth outside of school?

The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking.

We make it our mission to promote self-awareness, self-control, conflict resolution skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

#### **HIGHLIGHTS:**

- · Quality and consistent care with qualified staff.
- We welcome all members of the community!
- Scholarship are available and WCCC subsidies are also accepted.
- Break Camps are offered for an additional charge at hub locations throughout the city for November Parent/Teacher Conferences, Winter Break, Mid-Winter Break, and Spring Break.

### **REGISTRATION: May 16, 2023**

- \$25 registration fee is required for signing up and balance of September fees are due two weeks prior to first program day.
- Additional participant information and medically verified immunization form will be required in ePACT prior to participation.
- Scholarship applications are now available for the Seattle Parks and Recreation Scholarship Cycle, Summer 2023-Spring 2024. More information can be found online: <a href="https://www.seattle.gov/parks/scholarships-and-financial-aid">https://www.seattle.gov/parks/scholarships-and-financial-aid</a>
- Registration can be done at your community center or online.
   Program details may change. If you have questions or concerns, please contact the community center.
- Prices vary per month by amount of days program is offered and can be found online at: <a href="https://bit.ly/SPR\_2023-2024SACPricing">https://bit.ly/SPR\_2023-2024SACPricing</a>

#### **NORTHEAST SEATTLE**

MEADOWBROOK COMMUNITY CENTER

MONTLAKE @MCGILVRA

**RAVENNA-ECKSTEIN @ THORTON CREEK** 

RAVENNA-ECKSTEIN @ WEDGWOOD

#### NORTHWEST SEATTLE

BALLARD COMMUNITY CENTER

BITTER LAKE @ BROADVIEW THOMSON

MAGNOLIA @ BLAINE

**NORTHGATE COMMUNITY CENTER** 

QUEEN ANNE COMMUNITY CENTER

#### **SOUTHEAST SEATTLE**

JEFFERSON COMMUNITY CENTER

RAINIER COMMUNITY CENTER

**RAINIER @ JOHN MUIR** 

RAINIER BEACH COMMUNITY CENTER

VAN ASSELT COMMUNITY CENTER

#### **SOUTHWEST SEATTLE**

ALKI @ SCHMITZ PARK

HIAWATHA @ GENESEE HILL

HIAWATHA @ LAFAYETTE

HIGH POINT COMMUNITY CENTER

# **TOT DROP-IN PROGRAMS TOT GYM**

Looking for a dry, warm place to let your child play inside? Our playroom is full of toys, mats, and slides. Parent supervision is required at ALL times. Must register for a Quick Card at the front desk on your first visit. No food or drinks allowed in the playroom. We do have tables and chairs in the hallway for serving snacks and drinks.

MAGNOLIA CC			Ages 5 an	d Under
59250	5/31-9/1	W/F	11 a.m1 p.m.	FREE
<b>▼</b> MEAD0	WBROOK CC		Ages 5 an	d Under
	7/5-8/30	M/W/F	12:30-2:30 p.m.	FREE
MONTL	AKE CC		Д	ges <b>2-5</b>
55104	6/26-7/1	M/F	10 a.m1 p.m.	FREE
<b>QUEEN ANNE CC</b>			Ages 5 an	d Under
	7/3-9/1	M/F	9:30 a.m12:30 p.m.	FREE

## **TODDLER PLAYROOM**

Your child will play, learn, and develop both motor and social skills in this highly interactive drop-in play time. They will meet new friends, play on bouncy toys, ride scooters and much more. Parents must always accompany their child.

BALLA	RD CC	Ages 5 and Und		
57332	6/26-9/1	Mon-Fri	9:30 a.m7:30 p.m.	FREE
<b>▼ GREEN LAKE CC</b>		Ages 5 and Under		
	7/3-8/25	Mon-Fri	10 a.m8 p.m.	FREE
	7/1-8/19	Saturday	8:30 a.m4:30 p.m.	FREE
<b>QUEEN</b>	ANNE CC		Ages 4 and	Under
	7/3-9/1	Mon-Fri	9 a.m7:30 p.m.	FREE
	7/1-9/2	Saturday	9 a.m4:30 p.m.	FREE

### **TODDLER PLAY AND RUN**

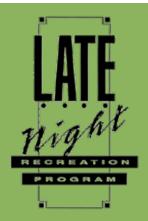
Come out of the rain and play indoors. We'll have basketball hoops, soccer goals, scooters and a big, safe space to run free!

LAKE CITY CC				<b>Ages 2-5</b>
59366	7/6-8/31	Tu/Th	9:45 a.m12:30 p.m.	FREE
MEADO	WBROOK CC		,	Ages 2-5
58112	7/10-8/30	M/W/F	10-11 a.m.	FREE



## **DROP-IN PROGRAMS**

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.



Late Night is a safe and supportive environment for teens ages 13-19. This recreation-based program is held on Friday and Saturday evenings from 7p.m.-Midnight, with a focus on positive teen interactions and engagement where all teens are welcome. Dinner is provided each night.

■ BITTER LAKE CC Ages 13-19				
58455 7/7-8/26	Fri-Sat	7 p.mMidnight	FREE	
RAINIER BEACH CC	Age	s 13-19		
58457 6/30-9/2	Fri-Sat	7 p.mMidnight	FREE	
<b>▼SOUTH PARK CC</b>		Age	s 13-19	
6/30-9/1	Friday	5-11 p.m.	FREE	
7/1-9/2	Saturday	4-8 p.m.	FREE	

## TWEEN NIGHT

Tween Night aims to provide free activities every week for youth between the ages of 11-14 in the surrounding communities. Our goal is to create a safe and inclusive space for tweens to hang out and experience new things. Note: Form (E-13) must be submitted on the first day of attendance. Participants must fill out Parent Authorization Form. Please bring your own water bottle. No in/out privileges allowed.

NORTHGATE CC		Ages 11-1	
57788 7/7-8/25	Friday	6-9 p.m.	FREE

### **BALLARD CC**

JUGGLING Ages 18 and Older

Come learn how to juggle!

57140 6/28-8/30 Wednesday 6:15-8:15 p.m. FREE

## **BITTER LAKE CC**

#### SUMMER OF SAFETY

**Ages 11-15** 

This program is designed for middle school age youth who are looking for fun and safe activities to participate in during the summer. This program will be offered 3-4 days per week and will highlight cultural, environmental, and social activities, including light snacks and free sack lunch. Participants are required to have current E-13 forms on file.

57698 7/10-8/25 Mon-Fri 11 a.m.-4 p.m. FREE

#### **GARFIELD CC**

#### **SOUL LINE DANCE**

Ages 18 and Older

The FREE Soul Line Dance Classes are a fun and energetic way to engage all ages. This class gets the heart rate up and stimulates your memory while inches fall off. Moving to R&B music will push you through several stages of line dance intensity. This exercise caters to all fitness levels. Brought to you by Seattle Parks and Recreation's Rec4All Grant.

57694 7/1-9/2

Saturday

10 a.m.-Noon

FREE

#### SUMMER FIELD TRIPS

**Ages 12-18** 

The Teen Program Summer Field Trips will take you on adventures around the City. E-13 and Teen Program Participant forms are required. Call Recreation Leader Dana Tade at (206) 684-4788 for details.

58615 7/14-9/1 Friday 1-5 p.m. FREE

#### **TEEN FULL COURT FRIDAYS**

**Ages 12-18** 

Drop in on Fridays during the summer for some competitive full court runs. Games will be played to 11 points, so everyone has a chance to participate. Court monitor will be present, but games will not be refereed. Not available all weeks. Please call Recreation Leader Dana Tade for details: 206-684-4788.

58614 7/14-9/1 Friday 11:30 a.m.-1 p.m. FREE

## **COVID GUIDELINES**

**FIND DETAILS ON PAGE 43** 

## **DROP-IN PROGRAMS**

Register for a free Ouick Card in order to participate in all drop-in programs. Check-in at the front desk.

## INTERNATIONAL DISTRICT/CHINATOWN CC

#### **50 & UP EXERCISE**

Ages 50 and Older

Exercise and physical activity are good for just about everyone, including older adults. Come and sweat it out to your favorite aerobic DVDs. Hand weights and resistance bands provided.

58018 6/26-9/22

W/F

11 a.m.-12:30 p.m.

FREE

**50 & UP FUN** 

Ages 50 and Older

Join us for Donic Delhi Tables, Tennis Tables, and more tables for Mahjong. Varies between centers.

58017

6/26-9/22

M/Tu/W/F

3-5 p.m.

**FREE** 

CHINESE DANCE

Ages 50 and Older

Through music and movement, dancers will be immersed in culture and community in this Chinese dance class.

Adult Fee: \$3 / Senior Fee: \$2

58020 6/27-9/21 Tu/Th

11:15 a.m.-1 p.m. **\$2-3** 

**GENTLE YOGA** 

Ages 50 and Older

Relax using disciplined techniques of traditional yoga to enhance strength and well-being.

58029 6/29-9/21 **Thursday** 

1:30-2:30 p.m.

**FREE** 



### **JEFFERSON CC**

#### TAI CHI

Ages 18 and Older

Stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for all levels. Dress in comfortable clothing that allows you to move freely.

58055

6/28-8/30

Wednesday

9:30-11 a.m.

**FREE** 

#### **TEEN ADVISORY COUNCIL**

Ages 12-17

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

58056 6/28-8/30

Wednesday

5-6 p.m.

**FREE** 

#### TEEN CAFE & GAME NIGHT

**Ages 12-17** 

Learn to experience how to run a business, budget, market, and plan some themed game nights.

58059

6/30-9/1

Friday

4-8 p.m.

**FREE** 

#### TEEN CHEF & GARDENING

Ages 12-17

Learn from chefs, and create a menu. We will use a budget to gather ingredients available. We will also create healthy snacks and meals with our own teen tended garden, and then plan on what to plant.

58060

6/28-8/30

Wednesday

3-5 p.m.

**FREE** 

## **MEADOWBROOK CC**

#### **BOARD GAMES**

Ages 7 and Older

Join us for some family FUN! Some board games are provided; however, we encourage people to bring their own. All ages are welcome, but please note children under the age of 12 must be accompanied by an adult. Come match wits with members of your community.

58106 7/1-8/26

**Saturday** 

9:30 a.m.-4:30 p.m.

**FREE** 

#### **CRAFT GROUP**

Ages 16 and Older

Bring supplies and craft alongside other inspired crafters. From beading to scrapbooking, students can easily find help from others for their individual projects. This is not a class, just crafting and discussions. Everyone is welcome. 2nd Saturdays of the month.

58114

7/8-8/12

Saturday

12:30-4:30 p.m.

**FREE** 

## **DROP-IN PROGRAMS**

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

### **RAINIER BEACH CC**

**Ages 14 and Older** BRIDGE

Drop-in play for bridge players. All Levels.

58460 7/6-8/31 Tu/Th 10 a.m.-Noon FREE

**DETECTIVE COOKIE'S CHESS CLUB** 

**Ages 7 and Older** 

Children and teens are invited to join this Chess Club. Family and community members are also welcome. Drop by to learn and play chess! Masks are not required but are PREFERRED for all participants.

57541 7/1-9/2 Noon-2 p.m. **FREE** Saturday

**SUMMER OF SAFETY** 

**Ages 11-15** 

This program is designed for middle school age youth who are looking for fun and safe activities to participate in during the summer. This program will be offered 3-4 days per week and will highlight cultural, environmental, and social activities, including light snacks and free sack lunch. Participants are required to have current E-13 forms on file.

> **FREE** 7/1-9/2 Saturday Noon-5 p.m.

**SOUFEND CHECK-IN & HOOP SESSION Ages 11-15** 

The Fatherhood Accountability Movement (FAM) and Seattle Parks & Recreation have come together to provide a community check-in to discuss the different challenges and celebrations that we're having in our journeys in life. Each check-in is coupled with an opportunity to engage in health and fitness through full court basketball and/or circuit training. Everyone is welcome!

59235 6/25-9/3 M/Su 9 a.m.-Noon FREE

**VAN ASSELT CC** 

Ages 50 and Older **50 & UP FUN** 

Join us for Donic Delhi Tables, Tennis Tables, and more tables for Mahjong. Varies between centers.

58137 7/6-9/21 Thursday 11:30 a.m.-1:30 p.m. **FREE** 

**Ages 11-17 ARTS & CRAFTS FOR TEENS** 

Drop in Participants will make and take all art drawings and paintings activities with them. Participants will participate in a group project that will be displayed in the Teen room.

59032 7/10-8/28 Monday 1-4 p.m. FREE

### **YESLER**

**AROMA: A COOKING CLASS** 

**Ages: 12-18** 

This easy-to-follow cooking class will teach you basic culinary skills like chopping, slicing, dicing, and sautéing. Take control of your kitchen by learning how to meal plan, shop for food, and help another chef.

58304 6/28-8/30 **FREE** Wednesday 4-6:30 p.m.

**ARTS AND CRAFTS** 

**Ages 10-18** 

Are you creative and like to paint or design things from scratch? Join our program and find the freedom of expression as we make tie dye t-shirts, bracelets, scented candles, and much more.

58305 6/27-9/5 **Tuesday** 4-6:30 p.m. **FREE** 

**BOARD GAMES Ages 7 and Older** 

Join us for some family FUN! Some board games are provided; however, we encourage people to bring their own. All ages are welcome, but please note children under the age of 12 must be accompanied by an adult. Come match wits with members of your community.

58309 7/1-9/2 **Saturday** 9:30 p.m.-1:30 a.m.

DANCE SESSION

Ages 18 and Older

Be creative. Bring your own dance.

58333 11 a.m.-3 p.m. **FREE** 7/1-9/2 **Saturday** 

**SENIOR NATURE WALK** 

**Ages 50 and Older** 

A 1 hour walk at one of Seattle's Parks.

58306 11 a.m.-3 p.m. **FREE** 6/28-8/30 Wednesday



## **DROP-IN SPORTS**

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

BAS	KETBALL								
Join us	s for drop in Ba	asketball!							
BALLAI	RD CC		Ages 18 an	d Older	MAGNU	SON CC		Ages 18 a	nd Older
	6/26-8/28 LAKE CC	Monday	6:15-8:15 p.m.	FREE		7/3-9/1 WBROOK CC	M/F	6:30-7:45 p.m.	FREE
			Ages 10 an		ADULT	W DRUUN CC		Agos 19 o	nd Oldor
58785		Tu/Th	4-8 p.m.	FREE	58101	7/11-8/29	Tuesday	Ages 18 a 5:15-6:45 p.m.	FREE
ADULT	LDCC		Ages 10 an	d Oldon	58102	7/1-8/26	Saturday	2-4:45 p.m.	FREE
58616	7/6-8/31	Tu/Th	Ages 18 an 5:30-7:30 p.m.	FREE	YOUTH		-	_	es 11-18
YOUTH	-,,	,	•	s 12-18	58119	7/11-8/29	Tuesday	4-5:15 p.m.	FREE
	7/10-8/31	Mon-Thu	10 a.m1 p.m.	FREE	YESLER	CC	,	Ages 18 a	nd Older
GREEN	LAKE CC		Ages 18 an		58248	7/1-9/2	Saturday	9 a.m2:30 p.m.	FREE
	7/3-8/25	Mon-Fri	4-5:30 p.m.	FREE	ADII	LT PICK UI	CAMES		
	OINT CC			40.40					
YOUTH	7/3-9/1	Mon-Fri	5:30-8 p.m.	\$ 12-18 FREE				tive, meet new peo vn schedule. Drop b	
	7/1-9/2	Saturday	1:30-7 p.m.	FREE		, ,		k-up basketball gan	•
FAMILY				All Ages	VAN AS			Ages 18 a	
ADIUT	7/1-9/2	Saturday	9-11:30 a.m.	FREE	58135	7/6-9/28	Tu/Th	1-2:30 p.m.	FREE
ADULT	7/1-9/2	Saturday	Ages 18 an 11:30 a.m1 p.m.	a Vlaer FREE		,, -	٠,		
▼INT'L DI	ISTRICT/CHIN	-	•		OPE	N GYM			
ADULT			Ages 18 an	d Older	Play ba	asketball and g	get your daily ex	rercise.	
58023	6/26-9/22	M/W/F	11:30 a.m1:30 p.m.	FREE	GARFIE	ID CC			All Ages
YOUTH	7/5 0/00	Wadaaadaa		s 10-17		7/8-9/2	Saturday	Noon-2 p.m.	FREE
MAGNO	7/5-9/20	Wednesday	1:30-5:30 p.m.	FREE		STRICT/CHINA	-	110011 2 p.m.	
ADULT	TLIA CC		Ages 10 an	d Oldon	ALL AGI		4101111100		nd Older
58108	7/8-8/26	Saturday	2-4 p.m.	FREE		7/1-9/23	Saturday	2:30-4:30 p.m.	FREE
MEN	-,,	· · · · · · · · · · · · · · · · · · ·	Ages 18 an		YOUTH		-	Ag	es <b>12-18</b>
58103		Tuesday	6-8 p.m.		58037	, ,	Monday	3:30-5:50 p.m.	FREE FREE
WOMEN		Wadnaaday	Ages 18 an			7/5-8/30 7/1-9/2	Wednesday Friday	1:30-5:30 p.m. 1:30-8:45 p.m.	FREE
58105	6/28-8/30	weanesaay	6-8 p.m.	FREE	MEADO	WBROOK CC		<del>-</del>	All Ages
						7/1-8/26	Saturday	Noon-2 p.m.	FREE
WHE	ELCHAIR	<b>BASKETB</b>	ALL			R BEACH CC		Ages 18 a	
Wheth	er you're an e	experienced w	heelchair athlete or a			7/3-9/1	M/Tu/F	Noon-1:30 p.m.	FREE
	•	•	are welcome. Practice	•		NA-ECKSTEIN (	, ,	110011 2.00 p.iii.	11111
		. •	ts wheelchairs are rec	•	ALL AGI		<del></del>	Ages 12 a	nd Older
•	•		nent is available. Pleas rts.org before attending			7/3-9/1	Mon-Fri	Noon-5:30 p.m.	FREE
	ntee equipmer		to.org sororo according	o	FAMILY	1/ J-3/ I	INIVII-LII	-	nd Older
MILLER	CC		Ages 18 an	d Older		7//1_0/9	Tue-Thu	9:30 a.mNoon	FREE
57489	7/11-8/29	Tuesday	6-8:30 p.m.	FREE	<b>3330U</b>	7/4-8/3	iue-illu	3.30 ä.IIIN00II	FKEE

## **DROP-IN SPORTS**

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

## **BADMINTON**

Join us for drop in Badminton!

■INT'L DISTRICT/CHINATOWN CC			Ages 18 and Older	
58022	6/29-9/21	Tu/Th	10 a.m1 p.m.	FREE
JEFFERSON CC			Ages 16 ar	nd Older
58046	6/27-9/5	Tuesday	6-8:45 p.m.	FREE
MAGNU	SON CC		Ages 16 ar	nd Older
58779	7/5-8/30	Wednesday	6:30-7:45 p.m.	FREE
<b>MEADO</b>	WBROOK CC		Ages 18 ar	nd Older
58736	7/7-8/25	Friday	6:15-8:15 p.m.	FREE
YESLER	CC		Ages 18 ar	nd Older
58331	7/1-9/2	Saturday	2:30-4:30 p.m.	FREE

## **FITNESS ROOM**

Seattle weather can be a challenge to your fitness program, so come inside and work out in our fitness rooms.

GARFIE	LD CC		Ages 18 and	Older
58626	6/26-9/2	Mon-Fri	9 a.m7:30 p.m.	FREE
▼INT'L D	ISTRICT/CHIN	IATOWN CC	Ages 18 and	Older
58027	6/26-9/23	M/W/F	11 a.m8:45 p.m.	FREE
	6/27-8/31	Tu/Th	9:30 a.m5:45 p.m.	FREE
	7/1-9/2	Saturday	9 a.m5:45 p.m.	FREE
<b>MEADO</b>	WBROOK CC		Ages 18 and	Older
58737	7/10-8/31	M/Tu, Thu-Sat	8:30 a.m8:15 p.m.	FREE
58116	7/5-8/30	Wednesday	8:30 a.m2:45 p.m.	FREE
58117	7/5-8/30	Wednesday	5:15-8:15 p.m.	FREE
NORTH	GATE CC		Ages 18 and	Older
57787	7/3-8/31	Mon-Fri	9 a.m8 p.m.	FREE
QUEEN	ANNE CC		Ages 18 and	Older
<del>57857</del>	7/10-9/1	Mon-Fri	9 a.m7:45 p.m.	FREE
	7/15-9/2	Saturday	9 a.m4:45 p.m.	FREE
RAINIE	R CC		Age 18 and	Older
	7/10-8/26	Mon-Sat	9:30 a.m7:30 p.m.	FREE
RAINIE	R BEACH CC		Ages 18 and	Older
57504	7/3-8/31	Mon-Thu	10 a.m8:30 p.m.	FREE
57503	6/30-9/3	Fri-Sun	10 a.m6:30 p.m.	FREE
YESLER	CC		Ages 18 and	Older
58246	6/26-9/1	Mon-Fri	10 a.m7:30 p.m.	FREE
	7/1-9/2	Saturday	9 a.m5 p.m.	FREE

## **DODGEBALL**

Play dodgeball.

<b>▼ GREEN LAKE CC</b>			Ages 18 and Old		
58342	7/5-8/23	Wednesday	6-8:45 p.m.	FREE	
<b>VAN AS</b>	SELT CC			Ages 8-11	
58140	7/6-9/21	Thursday	5-6:15	FREE	

### **FUTSAL**

Join us for drop in Futsal!

BALLARD CC			Ages 18 and Olde	
57139	6/22-8/31 Thursday	6:15-8:15 p.m.	FREE	
<b>VAN AS</b>	SELT CC		A	ges <b>8-11</b>
55825	4/6-6/29	Thursday	5-6:15	FREE

### **VOLLEYBALL**

Have fun and hone your skills alongside adults of all skill levels. Nets and balls are provided for these drop-in volleyball games.

	с с р		a. op roo, 80		
BALLAI	RD CC - Call to	Ages 16 a	nd Older		
57333	6/27-9/1	Tu/F	5:15-6:45 p.m.	FREE	
57334	6/27-9/1	Tu/F	6:45-8:15 p.m.	FREE	
GARFIE	LD CC		Ages 18 a	nd Older	
58419	7/7-9/1	Friday	5:30-7:30 p.m.	FREE	
GREEN LAKE CC			Ages 18 a	nd Older	
58347	7/6-8/17	Thursday	6:30-8:30 p.m.	FREE	
INT'L DI	ISTRICT/CHINA	ATOWN CC	Ages 18 and Older		
	6/28-8/30	Wednesday	6-8:45 p.m.	FREE	
	7/1-9/2	Saturday	9-11 a.m.	FREE	
MAGNO	LIA CC		Ages 6 a	nd Older	
58111	7/8-8/26	Saturday	Noon-2 p.m.	FREE	
<b>▼MEADO</b>	WBROOK CC				
ADULT			Ages 18 a	nd Older	
58104	7/5-8/30	Wednesday	6:15-8:15 p.m.	FREE	
YOUTH			Age	es 10-17	
58120	7/5-8/30	Wednesday	5-6 p.m.	FREE	
MILLER CC			Ages 18 a	nd Older	
57488	7/3-8/28	Monday	6-8:30 p.m.	FREE	

## **DROP-IN SPORTS**

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

PICK	LEBALL			
Join us	for drop in Pic	kleball!		
BALLAR	D CC		Ages 18 and	d Older
57138	6/26-8/30	Wednesday	6:15-8:15 p.m.	FREE
BITTER	LAKE CC		Ages 18 and	d Older
58787	7/7-8/25	Friday	10 a.m12:30 p.m.	FREE
<b>HIGH P</b>	OINT CC		Ages 18 and	d Older
54964	6/30-9/1	Friday	9:30-11:45 a.m.	FREE
INT'L D	ISTRICT/CHINA	ATOWN CC	Ages 18 and	d Older
58024	6/26-8/28	Monday	6-8:45 p.m.	FREE
MAGNO	DLIA CC		Ages 18 and	d Older
	6/26-8/31	M/Thu	11 a.m2 p.m.	FREE
58110	, ,	Saturday	10 a.mNoon	FREE
MAGNU	ISON CC		Ages 18 and	d Older
58781	7/6-8/31	Tu/Th	6-7:45 p.m.	FREE
<b>▼</b> MEADO	WBROOK CC		Ages 18 and	d Older
58741	7/11-8/29	Tuesday	10 a.m1 p.m.	FREE
58741	7/6-8/31	Thursday	10 a.m1 p.m.	FREE
QUEEN	ANNE CC		Ages 18 and	d Older
57856	7/11-8/31	Tu/Th	Noon-3 p.m.	FREE
RAVENI	NA-ECKSTEIN C	C	Ages 16 and	d Older
59361	7/3-9/1	M/F	9:30 a.mNoon	FREE
<b>VAN AS</b>	SELT CC		Ages 50 and	d Older
58138	6/28-9/18	M/W	Noon-2:45 p.m.	FREE



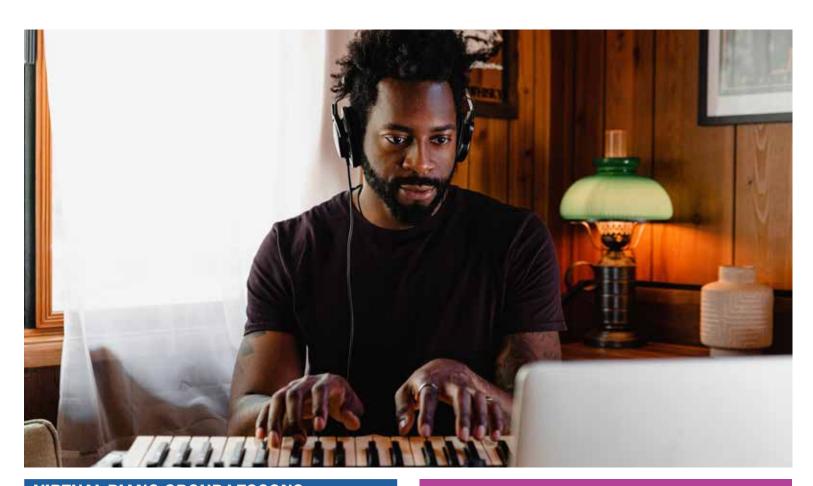


## **PING-PONG / TABLE TENNIS**

Come play the fun sport of Table Tennis. Please bring your own paddle and water bottle.

LAKE C	ITY CC		Ages 16 an	d Older
59365	7/3-9/1	M/W/F	4-7:45 p.m.	FREE
<b>GREEN</b>	LAKE CC		Ages 18 an	d Older
58343	7/7-8/25	Tu/F	6-8:45 p.m.	FREE
58346	7/5-8/16	Wednesday	10 a.m1 p.m.	FREE
<b>▼INT'L D</b>	ISTRICT/CHIN	ATOWN CC		
ADULT		,	Ages 18 an	d Older
58028	6/26-9/23	M/F	1-2:30 p.m./6-8:30 p.m.	\$3
	7/5-8/30	Wednesday	1-2:30 p.m./5:30-8:30 p.m.	\$3
	7/1-9/2	Saturday	1-4:30 p.m.	\$3
YOUTH 58038	7/3-10/20	M/F	5-6 p.m.	es 6-17 FREE
<b>▼</b> NORTH	GATE CC		Ages 7 and	Older
57786	7/3-8/31	Mon-Fri	10 a.m8:30 p.m.	FREE

## **VIRTUAL PROGRAMS**



## **VIRTUAL PIANO GROUP LESSONS**

#### **Ages 5 and Older**

Learn to play the piano from an experienced professional teacher in weekly small group lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to a full electric keyboard or piano for practice outside of lessons. Class is NOT in-person. Register through High Point Community Center by calling 206-684-7422. NO CLASS 7/1.

6/26-8/28 57191 **Monday** 4-8:30 p.m. \$160 57192 6/24-8/26 Noon-4 p.m. \$180 **Saturday** 

## **REGISTRATION OPENS MAY 23RD**



**REGISTER ONLINE:** https://bit.ly/spr\_activity\_reg

Prior to event, a link will be sent to join, through Webex. For questions email: PKS Virtual Programs@seattle.gov



# Community Center Improvement Projects





## Sites Reopening And Future Closures

Seattle Parks and Recreation is dedicated to renovating, maintaining, and improving accessibility to our sites. That does require us to sometimes close sites during construction. These sites are ending or beginning their construction projects in 2023.

## **COMMUNITY CENTERS RE-OPENING**

Rainier CC will re-open in July 2023.

**Discovery Park Visitor Center** will reopen in July 2023. During the closure, you can visit the Carkeek Park Visitor Center Wed-Sat, 9 a.m.-4 p.m. through the end of May 2023.

Learn more at: https://bit.ly/discoveryinfo23

## **COMMUNITY CENTER CLOSURES**

**Carkeek Park Visitor Center** will close in early June as staff return to Discovery Park to prep for re-opening.

Hiawatha CC will remain closed until further notice.

Lake City CC is closed as of 4/18/23 due to building damage.

Laurelhurst CC will close in late summer 2023.

Learn more at: https://bit.ly/laurelhurst\_closure23

Montlake CC will close in late summer 2023.

South Park CC will close in August 2023 for approximately 1 year.

**Learn more at:** https://bit.ly/southpark\_closure23

Please note: All closure timelines are estimates. These dates may change as we move through the year.



## SPECIAL EVENTS

### **SPECIAL EVENT: BEACON HILL FESTIVAL**

JEFFERSON CC **All Ages** 

Jefferson Community Center is back and hosting its Annual Beacon Hill Festival! The event will feature a range of entertainment, local foods, carnival games, and bounce toys. All proceeds of the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don't miss out; bring the entire family to this fun event!

6/3

Saturday

11 a.m.-3 p.m.

**FREE** 

### **SPECIAL EVENT: HONORING JUNETEENTH**

#### LOYAL HEIGHTS CC **All Ages**

Celebrate Juneteenth with LHCC. Join the LHCC community to learn more about this important holiday commemorating the emancipation of enslaved people in the U.S. Kids can join a Juneteenth-themed craft project as they decorate their bikes for a bike parade or participate in a Teen B-ball 3-Point Contest. Enjoy popcorn and popsicles too!

6/16

**Friday** 

3:30-5 p.m.

## SPECIAL EVENT: JUNETEENTH AT THE BEACH

#### RAINIER BEACH CC

Join Atlantic Street Center and Rainier Beach Community Center to commemorate a health-conscious Juneteenth.

6/17

Saturday

**TBD** 

**FREE** 

## **SPECIAL EVENT: MAGNUSON GRAND REOPENING CELEBRATION**

#### MAGNUSON CC

All Ages

We're back! Join Magnuson Community Center and our neighbors for a free grand re-opening to celebrate our recent remodel! Tour our new program spaces, try out some new activities, enjoy the music, and have fun! We will also have some sports activities in the gym for kids and teens!

7/6

**Thursday** 

5-8 p.m.

**FREE** 

## **SPECIAL EVENT: TUESDAYS IN BALLARD**

#### **■ BALLARD CC**

All Ages

Join us every Tuesday between July 11 and August 29 for hot dogs, fruit and beverage. We will also supply games like corn hole, axe throwing (nerf), Horse Shoes, and croquet. Along with crafts and fun check our Facebook as summer approaches for a list of themes, crafts and activities. All this fun every Tuesday in Ballard!

58444

7/11-8/29

**Tuesday** 

6-8 p.m.

**FREE** 

## **SPECIAL EVENT: WASHINGTON STATE PADDLE SAFE**

JEFFERSON CC

**Ages 11-18** 

This is free course covered by No Child Left Inside grant offered by the WA State Parks Boating Program for youth age 11-18 to learn the basics of paddle safety, water competency, and teamwork through on water and land-based instruction, kids will receive a life jacket and four hours of instruction.

58790 7/13

Thursday 9:30a.m.-1:30 p.m. FREE

## **SPECIAL EVENT: NORTHGATE CC** ANNIVERSARY PARTY

NORTHGATE CC

**All Ages** 

Come enjoy live music, class demonstrations, games and browse local vendors at our 17th Anniversary Party. Free hot dogs and beverages.

58707

7/14

**Friday** 

5-7:30 p.m.

**FREE** 

## **SPECIAL EVENT: MOVIE NIGHT**

**LAKE CITY CC** 

What better way to end the week than with a free movie? Join us at Albert Davis Park for this event. Oh, and there's popcorn, too!

7/17

**Saturday** 

5-8 p.m.

**FREE** 

## **SPECIAL EVENT: MOVIE NIGHT**

**▼ BITTER LAKE CC** 

Join us for some family fun as we host a outdoor movie next to the Bitter Lake playground. All you need is a blanket, foldable chairs, and great company as popcorn will be provided! Movie is TBD and showing time will be after dusk. If you have any questions, please call the center at (206) 684-7524.

7/20

**Thursday** 

**After Dusk** 

**FREE** 

### **SPECIAL EVENT: OUTDOOR MOVIES**

#### GREEN LAKE CC

**Ages 5 and Older** 

Come enjoy a movie outside in the park! Bring your family and friends to watch movies. Bring blankets, picnic baskets, and non-alcoholic beverages to enjoy. Movies starts at 8:30 p.m. Movie will be shown on the Eastside of the building by the Arch.

#### ■ Black Panther: Wakanda Forever

58418 7/20 **Thursday** 8:30-10 p.m. **FREE** 

Minions: The Rise of Gru

57672 8/17 8:30-10 p.m. **Thursday** 

**FREE** 

## **SPECIAL EVENTS**



## **SPECIAL EVENT: NEIGHBORHOOD NIGHT OUT**

BITTER LAKE CC

Neighborhood Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Bring your family and come celebrate with your neighbors! We will have hot dogs, music, games, face-painting and more.

58456 8/1 **Tuesday** 

5:30-7:30 p.m.

**FREE** 

## **SPECIAL EVENT:** LAKE CITY SUMMER FESTIVAL AND SALMON BAKE

LAKE CITY CC All Ages

Come join the fun at the Lake City Summer Festival and Salmon Bake! This longstanding neighborhood tradition is celebrating its 75th year and is one of the oldest festivals in Seattle. With a variety of activities for everyone, there's something for the whole family to enjoy. Kids can explore the dedicated kids area with fun-filled activities, while adults can indulge in live music and delicious food from the many food trucks. The festival also features a classic car show, arts and crafts, a mouth-watering salmon bake, and exciting parades. Don't miss out on this incredible community event!

> 8/5 Saturday 11 a.m.-5 p.m. **FREE**



## **SPECIAL EVENT: TASTY TUNES**

#### **■ LOYAL HIEGHTS CC**

**All Ages** 

Join us for year 4 of this wonderful community event. With live music, food-trucks, local beer tasting, raffle prizes, massage tents, games for kids and more this is an event not to miss. All funds raised benefit scholarships. Purchase of Beer Garden Bracelet gains you access to the Beer Garden and 4, 5oz, taster pours. Additional pours are available for purchase at \$2 per pour.

58694 8/12

Saturday

12:30-4:30 p.m.

\$20

## **SPECIAL EVENT: BACKPACK AND SPAGHETTI SOCIAL**

#### **BITTER LAKE CC**

**All Ages** 

Let's get ready to go back to school! We will be handing out school supplies to help everyone get geared-up for class, as well as serving a delicious spaghetti dinner. School supplies available to children ages 5-18. Please contact the community center at 206-684-7524 if you have school supplies you would like to donate for this wonderful event. Pre-registration required.

**58444** 8/18

**Friday** 

5:30-7 p.m.

**FREE** 

## **SPECIAL EVENT: CAMP LONG MOVIE NIGHT**



**▼ CAMP LONG** 

In partnership with the West Seattle Junction Association we will be showing an evening movie on the main field and fire circle at Camp Long. Movie is TBD and time will be after it is dark enough for the projector to work. For information contact camp.long@seattle.gov or call 206-684-7434.

8/18

**Friday** 

**After Dusk** 

**FREE** 

## **COVID GUIDELINES**

**FIND DETAILS ON PAGE 43** 

## **CAMP LONG**

Hours: Tue-Sat: 10 a.m.-6 p.m.



## **ROCK CLIMBING ON SCHURMAN ROCK**

We will be offering free climbing nights on a first come, first serve basis on the dates listed with sign up started at 4:30pm each day. Belay certified instructors will provide all equipment needed and this is open to ages 3 and up! For more information contact camp.long@seattle.gov or call 206-684-7434.

7/11	Tuesday	5-6/6:30-7:30 p.m.	<b>FREE</b>
8/8	Tuesday	5-6/6:30-7:30 p.m.	<b>FREE</b>
8/15	Tuesday	5-6/6:30-7:30 p.m.	<b>FREE</b>

## **CAMP LONG MOVIE NIGHT**

In partnership with the West Seattle Junction Association we will be showing an evening movie on the main field and fire circle at Camp Long. Movie is TBD and time will be after it is dark enough for the projector to work. For information contact camp.long@seattle.gov or call 206-684-7434.

> 8/18 After Dusk **FREE Friday**

## **CAMP LONG RENTALS**

Explore the hidden gem of West Seattle, Camp Long! We have shelters, indoor lodge space, a fire ring amphitheater, and you can even rent a cabin to stay overnight! Call 206.684.7434 for details and booking.

## **CARKEEK PARK**

**SEATTLE PARKS** 

(206)386-4236 | Carkeek.Park@seattle.gov

## STARS: STREAMS, TRAILS, AND REFORESTATION STEWARDS

Join other enthusiastic volunteers for a fun morning of forest restoration and trails maintenance. We have a wide variety of tasks you can help with. We provide gloves and water (we encourage you to bring your own bottle of water, to reduce plastic waste). Please wear sturdy shoes. Suitable for teens and older. Follow the STARS signs to our meeting place. We're here the third Saturday of every month. For more information or to volunteer: Dale Johnson at carkeekstars@gmail.com

> 7/1-8/31 Mon-Fri 9 a.m.-Noon



## **WEEKDAY WORKERS**

Carkeek Park Weekday Workers (WeWos) are forest stewards that focus on special planting and plant care projects with the help of volunteers who are available during the week. The work varies as needs arise in Carkeek Park. Typical activities are planting, invasive species removal, and clearing blocked trails. For more information or to volunteer: Loren McElvain at Forest@CarkeekPark.org

> 7/7, 7/21, 8/4, 8/18

**Fridays** 9 a.m.-Noon \$160

## **DEMONSTRATION GARDENS**

The Demonstration Gardens of Carkeek Park are maintained entirely by volunteer effort. We draw from a wide variety of talented plant-lovers - Master Gardeners, Horticulture students, experienced gardeners, foresters, novice gardeners, and trained Horticulturists. We offer one internship per year (unpaid); our interns have come from Edmonds Community College (ECC) Horticulture department and from the University of Washington.

6/27-8/28 **Tuesday** 9 a.m.-Noon 6/24; 7/22; 8/26 Saturday 9 a.m.-Noon

## **CARKEEK PARK ADVISORY COUNCIL**

The Carkeek Park Advisory Council (CPAC) is a group of neighbors, community members and volunteers who support and enjoy Carkeek Park. We work with Seattle Parks and Recreation in an advisory and supporting role. We have organized volunteer efforts through which many members of our community have contributed thousands of hours of volunteer time to improving the park, in areas such as restoring salmon runs to Piper's Creek, the trails improvement project, restoring Piper's Orchard, reforestation, and many others. Community meetings are open to the public and are held on the second Tuesday of the month from 7-9 p.m. at the Carkeek Park Visitor Center or virtually. For more information or to attend: CPAC@carkeekpark.org

> 9/12 **Tuesday** 7-9 p.m.

## **AGENTS OF DISCOVERY**

**FREE All Ages** 

This augmented reality mobile game allows you to play and discover the world around you. Download the free app to play missions at Carkeek and Discovery Parks whenever you visit, plus you can earn prizes! For more information, contact us at 206.386.4236 or Carkeek.Park@seattle.gov



## **SEATTLE PARKS**

## **DISCOVERY PARK**

At time of print, dates/times were not scheduled but please feel free to call or email for updates!

## **DISCOVERY PARK VISITOR CENTER'S GRAND REOPENING!**

This summer, Discovery Park Visitor Center will reopen to the public, unveiling major accessibility improvements to the facility, East Parking Lot and along pathways throughout the ELC, amphitheater, tennis courts, playground, entry kiosk, and trail systems. We are planning a reopening ceremony this summer with activities for the whole family! Date and schedule to be deteremind. For more information, email discovery.park@seattle.gov or call (206) 386-4236.



#### **BRUCE MYERS ART INSTALLATION WORKSHOPS**

#### **All Ages**

As part of the Discovery Park renovation project, some of the artwork from the original building construction needed to be removed. The artist for these pieces, Bruce Myers, will be creating new art to install at the Discovery Park Visitor Center in 2024. We will be holding a workshop series with the artist to engage the public in this process. Schedule to be determined in summer 2023.

#### **DISCOVERY ROOM**

#### **All Ages**

**FREE** 

Children's playroom with underwater theme! Stop by during our regular business hours to let your young one's imagination run wild. Plushies, coloring sheets and puppet shows await!

### **SUMMER SHUTTLE**

#### **All Ages**

**FREE** 

On select weekends, the shuttle will loop between Discovery Park Visitor Center, the North Parking Lot, and the Beach. The shuttle will arrive at each location every 20-30 minutes and allow you to explore all of Discovery Park easily! Shuttles are free, \$5 donation encouraged.





Seattle Parks and Recreations offers multiple Nature and Environmental Education classes and programs in parks all over the city. Search Nature & the Environment on Seattle Parks and Recreation's online registration software and you will find classes on native plants, birds, urban forest walks and low tide beach explorations.

**School and Organized Group Nature Field Trips Available!**Book a Nature Field Trip with Seattle Parks and Recreation and encourage students to engage in learning in a natural fun-filled setting. Programs offered year-round, pre-K through 5th grade.

To learn more about our programs, call: (206) 684-0877 or check out our website at: <a href="https://bit.ly/SPR\_CitywideEnvironmentalEducation">https://bit.ly/SPR\_CitywideEnvironmentalEducation</a>





## **NORTHEAST SEATTLE**

## **MAGNUSON CC**

Monday-Friday: 8:30 a.m.-8 p.m

## **PIANO LESSONS**

#### **Ages 6 and Older**

\$30/Session

It's never too early (or late!) to develop your musical talent! Book oneon-one 30-minute piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day. \*Note: The lessons are booked in 35-minute time slots, however, the lessons are only 30 minutes, the last 5 minutes are required for sanitizing the room.

Call Magnuson CC @ 206-684-7026 to schedule your classes.

<u>58783</u>	7/3-8/21	Monday	3-6:30 p.m.
<u>58785</u>	7/6-8/24	Thursday	3:30-7 p.m.
<b>58782</b>	7/7-8/25	Friday	3-6:30 p.m.



## **GOJU-RYU KARATE**

#### Ages 12 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. Some experience encouraged.

<u>59367</u>	7/6-7/27	Tu/Th	5-7 p.m.	\$35
<u>59368</u>	8/1-8/31	Tu/Th	5-7 p.m.	\$50



Magnuson CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023



## **SPECIAL EVENT: MAGNUSON GRAND REOPENING CELEBRATION**

MAGNUSON CC

We're back! Join Magnuson Community Center and our neighbors for a free grand re-opening to celebrate our recent remodel! Tour our new program spaces, try out some new activities, enjoy the music, and have fun! We will also have some sports activities in the gym for kids and teens!

> 7/6 **FREE Thursday** 5-8 p.m.

## **HAPPYFEET PARENT AND ME**

#### Ages 12 and Older

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, parent and child will be guided through events providing opportunities for practice of problem solving and increase confidence through soccer.

<u>59371</u>	7/5-7/26	Wednesday	3-3:30 p.m.	\$69
<b>59372</b>	8/2-8/23	Wednesday	3-3:30 p.m.	\$69

### **HAPPYFEET SOCCER**

7/5-7/26

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, parent and child will be guided through events providing opportunities for practice of problem solving and increase confidence through soccer.

#### Ages 3-4 59369

8/2-8/23	Wednesday	3:30-4 p.m.	\$69
-6			
7/5-7/26	Wednesday	4-4:45 p.m.	<b>\$102</b>
8/2-8/23	Wednesday	4-4:45 p.m.	\$102
	8/2-8/23 -6 7/5-7/26	8/2-8/23 Wednesday -6 7/5-7/26 Wednesday	8/2-8/23 Wednesday 3:30-4 p.m. -6 7/5-7/26 Wednesday 4-4:45 p.m.

Wednesday

3:30-4 n.m.

\$69

## **MEADOWBROOK CC**

**NORTHEAST SEATTLE** 

Monday-Friday: 8:30 a.m.-8:30 p.m. | Saturday: 9 a.m.-5 p.m

### **BALLET 1**

#### **Ages 6-10**

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

**58065 7/13-8/24 Thursday** 4-4:45 p.m. \$63

### **BALLROOM AND LATIN DANCE**

#### Ages 16 and Older

Let's dance! Each session is tailored to the majority of the participants' requests. We will cover several dance styles including tango, cha-cha, foxtrot, waltz, swing, and salsa. Come by yourself or with a partner. Please bring your dancing shoes.

**58079 7/13-8/24 Thursday** 7-8 p.m. \$66.50

#### PRE-BALLET

#### Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

58066 7/13-8/24 **Thursday** 3:15-4 p.m. \$63

### SHOTOKAN KARATE

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students.

<b>Beginn</b>	er		Ages 7 and	<u>Older</u>
<b>58078</b>	7/3-7/31	M/W	6:30-7:30 p.m.	\$45
<u>58098</u>	8/2-8/30	M/W	6:30-7:30 p.m.	\$45
Advanc	ed		Ages 14 and	<u>Older</u>
Advance 85076	ed 7/3-7/31	M/W/F	Ages 14 and 6:30-8:30 p.m.	<u>Older</u> \$85

## **ENGLISH AS A SECOND LANGUAGE/**



#### Ages 18 and Older

Practice English in a friendly, relaxed setting and work at a more experienced level over tea and coffee. The focus will be on conversation, but can also include grammar, reading, and writing as needed. Note: There is a children's table, but parents/guardians must supervise their own children.

<u>58070</u>	7/11-8/22	Tuesday	9- <b>1</b> 0:30 a.m.	FREE
<u>58072</u>	7/11-8/22	Tuesday	7-8:30 p.m.	FREE
<b>58071</b>	7/13-8/24	Thursday	9-10:30 a.m.	FREE
<u>58073</u>	7/13-8/24	Thursday	7-8:30 p.m.	FREE

## **KENDO: THE WAY OF THE JAPANESE SWORD**

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

#### Ages 10-18 58074 7/3-8/28 **Monday** 7-8:30 p.m. \$63 Ages 18 and Older 58075 7/3-8/28 \$63 Monday 7-8:30 p.m.

## REGISTRATION OPENS **MAY 23RD**



**REGISTER ONLINE:** https://bit.ly/spr\_activity\_reg

## **NORTHEAST SEATTLE**

## **MILLER CC**

Monday-Tuesday: 9 a.m.-8:30 p.m. | Wednesday-Friday: 9 a.m.-6:30 p.m





Miller CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023

## **KOREAN SENIOR ASSOCIATION FITNESS & LUNCH PROGRAM**



#### Ages 60 and Older

King County residents over 60 years of age and adults with disabilities are welcome to enjoy nutritious meals while engaging in cultural activities, learning English or finding volunteer opportunities. Asian Counseling and Referral Services (ARCS) partners with various locations in the community. The Korean Senior Association (Korean language program) meets at Miller Community Center every Tuesday and Friday.

**57493 7/7-9/1** Tu/F 9 a.m.-1 p.m. **FREE** 

### **DRUM LESSONS**

#### Ages 10 and Older

\$30/Session

Learn expression through music! Lessons are 30 minutes long. and are tailored to each individual student, and teach students to read music, play by ear, music theory, and composition. We have a drum set on site. Call your community center to see what slots are available.

57490 7/11-7/25 **Tuesday** 2-6 p.m. 57492 8/1-8/29 **Tuesday** 2-6 p.m.





## LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+

**Engage with your community and remain** active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

Find out more at www.seattle.gov/parks/seniors/ where you can download the Lifelong Recreation brochure and sign-up for our email newsletter. Contact us at 206-684-4951.





Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!

## **BALLARD CC**

## NORTHWEST **SEATTLE**

Monday-Friday: 9:30 a.m.-8:30 p.m.

## **SPECIAL EVENT: TUESDAYS IN BALLARD**



BALLARD CC

Join us every Tuesday between July 11 and August 29 for hot dogs, fruit and beverage. We will also supply games like corn hole, axe throwing (nerf), Horse Shoes, and croquet. Along with crafts and fun check our Facebook as summer approaches for a list of themes, crafts and activities. All this fun every Tuesday in Ballard!

58444

7/11-8/29

**Tuesday** 

6-8 p.m.

FREE

### **POTTERY**

#### Ages 16 and Older

This mixed level class goes beyond making bowls using hand building, extruder, and wheel throwing techniques. Bring your own tools or purchase a kit for \$17. Clay bags cost \$15 after the first 25lbs are used. Purchases can be made during facility operating hours only.

59188 7/6-8/31 **Thursday** 6-8:30 p.m. \$270



## Don't Miss the 2023 Seattle Parks and Rec Summer Camp Brochure



## Sign-up for camps for these sites:

View the brochure at: https://bit.ly/sprsummercamps

#### **NORTHWEST SITES**

**Ballard CC** Bitter Lake CC Green Lake CC Loyal Heights CC Magnolia CC Northgate CC Queen Anne CC

#### NORTHEAST SITES

Magnuson CC Meadowbrook CC Miller CC Montlake CC Ravenna-Eckstein CC

#### SOUTHWEST SITES

Alki @ Schmitz Park Delridge CC **High Point CC** Yesler CC

#### SOUTHEAST SITES

Garfield CC Jefferson CC Rainier CC Rainier Beach CC Van Asselt CC

#### **NATURE CAMPS**

Carkeek Park Discovery Park

## **NORTHWEST SEATTLE**

## **BITTER LAKE CC**

Monday - Friday: 9:30 a.m. - 8:30 p.m. | Saturday: 9 a.m. - 7 p.m.

Bitter Lake CC will be closed 8/28-9/2

## **PIANO LESSONS**

#### Ages 6-18

\$30/sessions

Learn to play the piano from an experienced professional teacher in weekly 25-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Each class is 25 minutes to allow time to clean between lessons.

<u>58445</u>	7/5-7/26	Wednesday	2-6 p.m.
<u>58789</u>	7/6-7/27	Thursday	2-6 p.m.
<b>58448</b>	8/2-8/23	Wednesday	2-6 p.m.
58788	8/3-8/24	Thursday	2-6 p.m.

## **SPECIAL EVENT: NEIGHBORHOOD NIGHT OUT**



**▼ BITTER LAKE CC** 

Neighborhood Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Bring your family and come celebrate with your neighbors! We will have hot dogs, music, games, face-painting and more.

**58456** 8/1 **Tuesday** 5:30-7:30 p.m. **FREE** 

## **SPECIAL EVENT: BACKPACK AND** SPAGHETTI SOCIAL



**BITTER LAKE CC** All Ages

Let's get ready to go back to school! We will be handing out school supplies to help everyone get geared-up for class, as well as serving a delicious spaghetti dinner. School supplies available to children ages 5-18. Please contact the community center at 206-684-7524 if you have school supplies you would like to donate for this wonderful event. Pre-registration required.

**FREE 58444** 8/18 **Friday** 5:30-7 p.m.

## **SPECIAL EVENT: MOVIE NIGHT**



**■ BITTER LAKE CC** 

Join us for some family fun as we host a outdoor movie next to the Bitter Lake playground. All you need is a blanket, foldable chairs, and great company as popcorn will be provided! Movie is TBD and showing time will be after dusk. If you have any questions, please call the center at (206)684-7524.

> 7/20 **FREE Thursday After Dusk**



Bitter Lake CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023



## **LITTLE HOOPERS B-BALL**

Learn the basics of basketball in a fun and safe environment! Students will practice passing, dribbling, shooting, rebounding, and more. We will use our new skills in organized group games. Each participant will receive a t-shirt. Please wear athletic shoes and bring a water bottle.

#### **Ages 5-6**

<u>58452</u>	7/11-8/8	Tuesday	5:15-6 p.m.	\$65
▼ Ages 7	-9			

58453 7/11-8/8 **Tuesday** 6-6:45 p.m. \$65

#### **KENDO**

Kendo (way of the sword) is a co-ed martial art based on samurai traditions requiring mental and physical discipline. Students that progress to advanced skill level will be able to practice wearing armor and engage in bouts with other students. All equipment can be purchased at class. Be ready for class by checking details at: https:// www.snokingkendo.org/classes

Beginn	<u>ing Kendo</u>		<u>Ages 8 an</u>	<u>id Older</u>
<u>58443</u>	6/8-8/17	Thursday	7-8 p.m.	\$99
Advanc	ed Kendo		Ages 8 an	d Older
58442	6/8-8/17	Thursday	7-9 p.m.	\$110

## **COVID GUIDELINES**



## **GREEN LAKE CC**

NORTHWEST SEATTLE

Mon-Fri: 10 a.m.-9 p.m. | Saturday: 8:30 a.m.-5 p.m.

Green Lake CC will be closed 8/26-9/3

## **SPECIAL EVENT: OUTDOOR MOVIES**

FREE

#### **■ GREEN LAKE CC**

**Ages 5 and Older** 

Come enjoy a movie outside in the park! Bring your family and friends to watch movies. Bring blankets, picnic baskets, and non-alcoholic beverages to enjoy. Movies starts at 8:30 p.m. Movie will be shown on the Eastside of the building by the Arch.

#### ■ Black Panther: Wakanda Forever

**58418** 7/20 Thursday 8:30-10 p.m. FREE

Minions: The Rise of Gru

**57672** 8/17 Thursday 8:30-10 p.m. FREE

### **SKILLS AND DRILLS: PICKLEBALL BEGINNERS**

#### Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players. Please bring your own water bottle and pickleball paddle.

<b>57674</b>	7/10-8/21	Monday	6:30-7:30 p.m.	\$84
57673	7/8-8/19	Saturday	9:30-10:30 a.m.	\$84

### **PIANO LESSONS**

#### Ages 5-16

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. 15 minutes is added at the end of the session for cleaning.

#### Please call 206-684-0780 to schedule your time slot.

<b>55140</b>	7/7-7/28	Friday	3:30-6:30 p.m.	<b>\$184</b>
<u>55143</u>	7/8-7/29	Saturday	3:30-6:30 p.m.	<b>\$184</b>
<b>55146</b>	8/4-8/11	Friday	3:30-6:30 p.m.	\$92
55145	8/5-8/12	Saturday	3:30-6:30 p.m.	\$92

## REGISTRATION OPENS MAY 23RD

REGISTER ONLINE: https://bit.ly/spr\_activity\_reg



Green Lake CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023



### **CREATIVE DANCE**

#### Ages 3-4

Students will explore expressive movement using music, stories, and props. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun, safe, and engaging way. Please bring your own water bottle.

**58432** 7/8-8/19 Saturday 9:15-10 a.m. \$89

#### **PRE-BALLET**

#### **Ages 4-5**

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

58431 7/8-8/19 Saturday 10-10:45 p.m. \$89

#### **BALLET 1**

#### Ages 6-7

We will develop ballet skills and vocabulary while inspiring creativity and expression. Students will learn the fundamentals, and Barre and center work will be introduced, as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled off the face. All students welcome. Please bring your own water bottle.

**58430** 7/8-8/19 Saturday **11** a.m.-Noon \$101

## NORTHWEST SEATTLE

## LOYAL HEIGHTS CC





Loyal Heights CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023

## **SPECIAL EVENT: HONORING JUNETEENTH**

#### Loyal Heights CC

All Ages

Celebrate Juneteenth with LHCC. Join the LHCC community to learn more about this important holiday commemorating the emancipation of enslaved people in the U.S. Kids can join a Juneteenth-themed craft project as they decorate their bikes for a bike parade or participate in a Teen B-ball 3-Point Contest. Enjoy popcorn and popsicles too!

> 6/16 **Friday**

### **SPECIAL EVENT: TASTY TUNES**

#### LOYAL HIEGHTS CC

**All Ages** 

Join us for year 4 of this wonderful community event. With live music, food-trucks, local beer tasting, raffle prizes, massage tents, games for kids and more this is an event not to miss. All funds raised benefit scholarships. Purchase of Beer Garden Bracelet gains you access to the Beer Garden and 4, 5oz, taster pours. Additional pours are available for purchase at \$2.00 per pour.

58694 8/12 Saturday

12:30-4:30 p.m.

3:30-5 p.m.

\$20





**Childcare for ages 3-12: Full or Part-time** 

**School-Age Child Care: Aides and Counselors** 

**Licensed Childcare Center Preschool Assistants and Lead Teachers** 

**Learn more and apply at:** www.arcseattle.org/jobs

#### **FOR MORE INFORMATION CONTACT:**

Lamar, HR Recruiter Lamar.Mapp@seattle.gov

**Kellie, HR Recruiter** Kellie.Kraus@seattle.gov

## **MAGNOLIA CC**

## NORTHWEST SEATTLE

Monday-Friday: 9 a.m.-8 p.m. | Saturday 9 a.m.-5 p.m.

### **TAEKWONDO**

#### Ages 7 and Older

Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change.

<u>58125</u>	7/6-7/27	Tu/Th	5:30-6:45 p.m.	\$55
<b>58126</b>	8/1-8/31	Tu/Th	5:30-6:45 p.m.	\$55

## HATHA YOGA

#### **Ages 12-75**

Focus on mindful movements through traditional poses and breathing exercises as you increase your flexibility and strength. Every session will be an opportunity to better understand one's body and mind in a safe and peaceful environment. All levels welcome. \*Yoga mat, yoga blanket, and two yoga blocks are recommended, but not essential.

<u>59341</u>	6/5-6/26	Monday	6:30-7:45 p.m.	\$30
<u>59344</u>	6/7-6/28	Wednesday	6:30-7:45 p.m.	\$40
<u>59342</u>	7/3-7/31	Monday	6:30-7:45 p.m.	\$50
<u>59345</u>	7/5-7/26	Wednesday	6:30-7:45 p.m.	\$40
<u>59343</u>	8/7-8/28	Monday	6:30-7:45 p.m.	\$40
<b>59346</b>	8/2-8/30	Wednesday	6:30-7:45 p.m.	\$50

### **VINYASA YOGA**

#### Ages 16-65

This beginner-level class will explore how to be stronger and healthier through swaying, floaty movements, while also bringing awareness to breath. Students begin with meditation, then slowly learn a series of poses to build energy. Participants can find their own pace with accessible poses, and focus on self-improvement in a safe environment. Previous yoga experience not required.

<u>59335</u>	6/1-6/29	Thursday	<b>10-11</b> a.m.	\$50
<u>59336</u>	7/6-7/27	Thursday	10-11 a.m.	\$40
<u>59337</u>	8/3-8/31	Thursday	10-11 a.m.	\$50

## **TALK TIME: ENGLISH LANGUAGE LEARNERS**



#### Ages 18 and Older

Students work on building speaking and listening skills. Each week there is a new topic: shopping, cooking, transportation, and banking. Students will learn new vocabulary, practice grammar, and talk with others using that vocabulary. Open to students at many levels of proficiency

**59334** 6/13-7/20 Tu/Th 5:30-6:30 p.m. **FREE** 





## **PRE-BALLET**

#### Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

<u>59224</u>	6/21-7/19	Wednesday	3-3:45 p.m.	\$96.25
<u>59225</u>	6/21-7/19	Wednesday	4-4:45 p.m.	\$96.25
<b>59226</b>	7/26-8/23	Wednesday	3-3:45 p.m.	\$96.25
<b>59227</b>	7/26-8/23	Wednesday	4-4:45 p.m.	\$96.25

#### **YOUTH GYMNASTICS**

#### Ages 6-11

Children practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance beam, trampoline, and more while developing their physical strength, coordination and more. Additional insurance required for participants. \*E-13 Parent Authorization Paperwork and a \$5 non-refundable Insurance fee is required for this class, please see "Insurance" under the General Information.

<u>59338</u>	6/1-6/29	Thursday	6-6:45 p.m.	\$75
<u>59339</u>	7/6-7/27	Thursday	6-6:45 p.m.	\$60

### **POTTERY: GUIDED STUDIO & HANDBUILDING**

#### Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects.

<u>59099</u>	8/3-8/31	Thursday	5-7:30 p.m.	<b>\$225</b>
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## NORTHWEST **SEATTLE**

## **NORTHGATE CC**

Monday-Friday: 9 a.m.-8 p.m

## **OPEN YOGA**

#### Ages 18 and Older

Open Yoga class helps build strength and better flexibility. while quieting your mind and increasing body awareness. Some yoga experience is helpful. Please bring your own yoga mat, blanket and water bottle. Masks are optional.

**57701** 6/29-8/31 Thursday 5:30-6:30 p.m. \$108

#### **KENDO: THE WAY OF THE JAPANESE SWORD**

#### Ages 10 and Older

Kendo is the art of Japanese fencing for all ages 10 and older. Kendo practice is composed of many types of training and our class will cater to all experience levels, but will focus on the basics of footwork and swings. Students will also be introduced to modern Kendo Equipment (Shinai and Bokken) are required.

7/5-8/30 \$70 57785 Wednesday 6:30-8 p.m.

### **PIANO LESSONS**

#### **Ages 5-16**

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. 15 minutes of cleaning is added at the end of each session.

\$184 55129 7/6-7/27 **Thursday** 3:30-6:30 p.m. **55130 Thursday** 3:30-6:30 p.m. \$92 8/3-8/10

### **GOJU-RYU KARATE**

#### Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels are welcome. Please bring your own water bottle.

57703 7/10-8/28 Monday 5:30-7:30 p.m. \$50

## SPECIAL EVENT: **ANNIVERSARY PARTY**



NORTHGATE CC

Come enjoy live music, class demonstrations, games and browse local vendors at our 17th Anniversary Party. Free hot dogs and beverages.

58707 5-7:30 p.m. **FREE** 7/14 **Friday** 



Northgate CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023



## **SKILLS AND DRILLS: PICKLEBALL**

#### Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning players. Please bring your own water bottle and pickleball paddle.

7/13-8/24 Thursday 10:30-11:30 a.m. \$108

## **ROLLER SKATING CLASS**

#### Ages 5 and Older

Are you ready to take the first step towards getting better at roller skating? Join us in this friends and family-friendly sport and get ready for fun. This is the perfect environment to learn how to skate or to become a better skater. Must bring your own skates.

\$70 57864 7/11-8/29 **Tuesday** 6:30-7:45 p.m.



## **QUEEN ANNE CC**

## **NORTHWEST SEATTLE**

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 9 a.m.-5 p.m.

Queen Anne CC will be closed 6/24-7/1





Queen Anne CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023

## TRADITIONAL NON-CONTACT TAE KWON DO

#### **Ages 6 and Older**

This class teaches non-contact Tae Kwon Do and focuses on 5 tenets: Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. Tae Kwon Do will help you increase your confidence, flexibility, balance, and strength. \$40 one-time material fee; testing fees additional.

<b>57860</b>	7/10-7/31	M/W	6-7 p.m.	\$56
<b>57862</b>	8/2-8/30	M/W	6-7 p.m.	\$56
<b>57863</b>	9/6-9/27	M/W	6-7 p.m.	\$56





## **SOUTHEAST** SEATTLE

## **GARFIELD CC**

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

## **AEROBICS WITH BLESSED HEARTS FITNESS**

#### Ages 18 and Older

Get your all in one workout: cardio pumping, strength building, and muscle toning, while moving and grooving to booming beats. You'll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA. PFT. IFPA-certified.

57697 6/27-8/29 **Tuesday** 

Ages 18 and Older

\$60 5:30-6:30 p.m.

## **MARCUS GARVEY BOOK CLUB**



Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. You must be registered to attend. This class is a hybrid class. You may register for an in-person

experience or choose to participate online via Webex video conferencing.

> 7/18-8/15 Tuesday

6:30-8 p.m.

**FREE** 

## YOUTH DEVELOPMENT TAEKWONDO



#### Ages 5-18

57695

Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change.

58617

6/26-8/30

M/W

6-7:30 p.m.

**FREE** 



### **GROUP GUITAR LESSONS**

#### Ages 5 and Older

Find the musician within! Enjoy this small group setting with an emphasis on personal instruction to meet each student's needs. We'll focus on chords, theory, ear training, and finish with a recital. Weekly jam sessions with the instructor and practice time at the Center are included. All ages and skill levels welcome.

**59358** 

7/3-9/1

M/W/Th/F 6:30-7:30 p.m.

\$391

## **REGISTRATION OPENS** MAY 23RD



**REGISTER ONLINE:** https://bit.ly/spr\_activity\_reg

## INTERNATIONAL DISTRICT/CHINATOWN CC

M/W/F: 11 a.m.-9 p.m. | Tu/Th: 9:30 a.m.-6 p.m. | Saturday: 9 a.m.-5 p.m.

## **SOUTHEAST** SEATTLE

## **ZUMBA©**

#### Ages 16 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

\$65 **58030 7/1-9/23** Saturday 10-11 a.m.

## 8 ANIMAL/8 METHOD KUNG-FU

#### Ages 12 and Older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods.

\$65 **58019 7/1-9/23 Saturday** 11 a.m.-Noon

#### **PIANO LESSONS**

#### **Ages 8 and Older**

\$40/Session

Learn to play the piano from an experienced professional in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. This course will help participants acquire intermediate piano skills. Prerequisite: Successful completion of Piano Lessons from April 2023 to June 2023. Please contact International District/Chinatown Community Center at 206-233-0042 to schedule your private lessons.

58031 7/1-9/23 58032 7/11-9/19 **Tuesday** 2:30-7:30 p.m.

\*Families can sign-up for one time slot and one day per person. Saturday 10 a.m.-12:30 p.m./1-5 p.m.

## **Don't Miss the** 2023 Seattle Parks and Rec **Summer Camp Brochure**



## Sign-up for camps for these sites:

View the brochure at: https://bit.ly/sprsummercamps

#### NORTHWEST SITES

**Ballard CC** Bitter Lake CC Green Lake CC Loyal Heights CC Magnolia CC Northgate CC Queen Anne CC

#### NORTHEAST SITES

Magnuson CC Meadowbrook CC Miller CC Montlake CC Ravenna-Eckstein CC

#### SOUTHWEST SITES

Alki @ Schmitz Park Delridge CC **High Point CC** Yesler CC

#### SOUTHEAST SITES

Garfield CC Jefferson CC Rainier CC Rainier Beach CC Van Asselt CC

#### NATURE CAMPS

Carkeek Park Discovery Park

## **SOUTHEAST SEATTLE**

## **JEFFERSON CC**

Monday-Friday: 9 a.m.-9 p.m.





efferson CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023

### **KUNDALINI YOGA & MEDITATION**

#### Ages 16 and Older

Kundalini, the yoga of awareness, focuses on body, mind, and spirit. It is a form of yoga using simple poses, breathwork, and meditation to strengthen. Appropriate for those who are brand new or longtime practitioners.

58062 6/26-8/28 6:30-7:30 p.m. \$100 Monday

#### PIANO LESSONS

#### Ages 5-12

Learn to play the piano from an experienced teacher in weekly 30-minute private lessons. Scholarships are available.

<u>58083</u>	6/29-8/31	Thursday	4-4:30 p.m.	\$300
<u>58085</u>	6/29-8/31	Thursday	4:30-5 p.m.	\$300
<u>58087</u>	6/29-8/31	Thursday	5-5:30 p.m.	\$300
<u>58088</u>	6/29-8/31	Thursday	6-6:30 p.m.	\$300
<u>58089</u>	6/29-8/31	Thursday	6:30-7 p.m.	\$300
<u>58691</u>	6/29-8/31	Thursday	7-7:30 p.m.	\$300
<u>58063</u>	6/30-9/1	Friday	4-4:30 p.m.	\$300
<u>58064</u>	6/30-9/1	Friday	4:30-5 p.m.	\$300
<u>58067</u>	6/30-9/1	Friday	5-5:30 p.m.	\$300
<b>58081</b>	6/30-9/1	Friday	6-6:30 p.m.	\$300
<u>58082</u>	6/30-9/1	Friday	6:30-7 p.m.	\$300
<b>58090</b>	6/30-9/1	Friday	7-7:30 p.m.	\$300

## **BRAZILIAN JIU JITSU**

#### Ages 5-18

Brazilian Jiu Jitsu is a grappling martial art that promotes the concept that a smaller, weaker person can successfully defend against a bigger, stronger, heavier assailant by using proper technique and leverage. This class aims to build confidence in your child by emphasizing healthy living, respect for self and others, perseverance, self-discipline and integrity through the fun medium of martial arts. We also practice meditation to help improve focus, concentration, self-awareness, and stress management.

**58043 7/11-8/29** 4:40-5:30 p.m. \$90 **Tuesday** 







## SPECIAL EVENT: **WASHINGTON STATE PADDLE SAFE**

JEFFERSON CC

This is free course covered by No Child Left Inside grant offered by the WA State Parks Boating Program for youth age 11-18 to learn the basics of paddle safety, water competency, and teamwork through on water and land based instruction, kids will receive a life jacket and four hour of instruction.

58790 7/13 Thursday 9:30a.m.-1:30 p.m. FREE Monday-Thursday: 9 a.m.-8 p.m. | Friday: 9 a.m.-7 p.m. | Saturday: 9 a.m.-6 p.m.

### **BEGINNING GUITAR**

#### Ages 7 and Older

\$40/session

Receive the gift of music with this affordable, easy and fun introduction to the guitar. By the end of the course, the student will be playing well known melodies or strumming along with their favorite songs. Student, please bring a guitar (acoustic guitar preferred), a tuner and guitar picks. Please call Van Asselt Community Center at (206) 386-1921 to schedule your classes.

**Saturday** 9:30-10:30 p.m. /1-2 p.m. **59234 7/1-9/23** 





## **SAVE THE DATE!** Saturday, August 19, 2023 12-6 p.m. | All Ages | FREE

Rainier Playfield and Mt. Baker Rowing and Sailing Center







## **SOUTHEAST SEATTLE**

## RAINIER BEACH CC

Monday-Thursday: 10 a.m.-9 p.m. | Friday: 10 a.m.-8 p.m. | Saturday: 8:30 a.m.-7 p.m. | Sunday: 9 a.m.-6:30 p.m.

### **BEGINNERS UKULELE**

Participants will learn to play the ukulele using carefully chosen songs offered in increasing difficulty. The class features finger picking, strumming, and chords as we learn together in a playful way. Participants must bring their own ukulele to class.

#### Ages 5-9

<u>57501</u>	6/28-8/2	Wednesday	5-5:45 p.m.	\$55
Ages 1	0-14			
<u>57500</u>	6/28-8/2	Wednesday	6-6:45 p.m.	\$60
Ages 1	4-15			
<u>58791</u>	6/28-8/2	Wednesday	7-7:45 p.m.	\$65

### **FAMILY ZUMBA©**



#### Ages 14 and Older

Zumba combines fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Bring the whole family to the fitness party that blends upbeat world rhythms with easy choreography for a total body workout! Please arrive early as space is limited. Masks are not required but are preferred.

58458 7/5-8/30 Wednesday 6:30-7:30 p.m. **FREE** 

### **AEROBICS WITH BLESSED HEARTS FITNESS**

#### Ages 18 and Older

Get your all-in-one workout while moving and grooving to the beat! Engage in cardio pumping, strength building, and muscle toning. You'll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified.

**57653** 7/13-8/31 Thursday 6-7 p.m. \$60

### **GOJU RYU KARATE**



#### **Ages 6 and Older**

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels welcome.

M/W **FREE** 58459 7/3-8/30 7:15-8:30 p.m.





## **SPECIAL EVENT:** JUNETEENTH AT THE BEACH



Join Atlantic Street Center and Rainier Beach Community Center to commemorate a health-conscious Juneteenth.

> **TBD FREE** 6/17 Saturday

### **GENTLE YOGA**

#### Ages 50 and Older

Gentle yoga helps correct alignment and awareness in stretches and movement. This class focuses on breathing to help increase strength and stamina, and improve flexibility. Participants will develop better balance, posture, poise, and peace of mind. This course is open to all genders and families.

**56934 7/15-8/19 Saturday** 9-10 a.m. \$60

### **WOMEN'S SELF DEFENSE**

#### Ages 14 and Older

Your safety comes first! Learn essential safety and self-defense principles to recognize danger and avoid life-threatening situations. Specific methods include developing a confident voice, escaping from common grabs and getting to safety. Also learn home safety and situational awareness. Using a kung-fu-based curriculum students will develop self-defense skills, strength, and mobility. We will focus on street defense and principles of martial arts. Women ONLY.

\$60 **59236** 7/11-8/15 Tuesday 7:15-8:15 p.m.

## **VAN ASSELT CC**

## SOUTHEAST **SEATTLE**

Monday-Thursday: 10 a.m.-8 p.m. | Friday: 9 a.m.-6 p.m.

## **GUITAR LESSONS**

#### Ages 7 and Older

\$50/session

Receive the gift of music with this affordable, easy and fun introduction to the guitar. By the end of the course, the student will be playing well known melodies or strumming along with their favorite songs. Student, please bring a guitar (acoustic guitar preferred), a tuner and guitar picks. Please call Van Asselt Community Center @206-386-1921 to check and schedule your classes.

7/5-9/20 Wednesday 2:30-7:30 p.m. **58143** 2:30-7:30 p.m. 58146 7/6-9/21 **Thursday** 

## AFRICAN DANCE AND DRUMMING



#### **Ages 10-18**

Participants will experience and learn traditions of West African Cultures by music, songs, and dances. Participants will perform what they have learned at the end of program celebration.

59033 7/11-8/29 **Tuesday** 10 a.m.-Noon **FREE** 

### **PIANO LESSONS**

#### **Ages 5 and Older**

\$40/session

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. Please call Van Asselt Community Center @206-386-1921 to check and schedule your classes.

7/11-9/19 **Tuesday** 2:30-7:30 p.m. 58147

## **COVID GUIDELINES**



## **WOMEN'S ZUMBA©**



#### Ages 16 and Older

Get ready to dance your worries away as we combine motivating music and high energy moves. Routines feature aerobic interval training set to fast and slow rhythms that will help tone and sculpt the body. To create a safe space that respects diverse cultural practices, this Zumba@ program is for women only.

7/6-9/21 58141 Tu/Th 6-7 p.m. **FREE** 

#### FRIDAY FUN DAY



#### Ages 10-17

The Teen Program offers programs Monday thru Fridays with Fridays being our Fun/Field Trip Day! A Completed E-13 form, Smile and a good respectful attitude is required to participate. \*Programs are subject to change due to weather or staff shortage.

<u>59035</u> 7/7-9/22 **FREE Friday** 4-7 p.m.

#### **SCIENCE ON WHEELS**



#### **Ages 8-15**

Participants will experience fun, engaging, interactive shows that bring science to life by demonstrations and hands-on workshops such as Space Odyssey, Blood and Guts and Engineering with the sponsorship of Pacific Science Center.

59034 7/6-8/31 **Thursday** 1-3 p.m. **FREE** 

## **SOUTHWEST SEATTLE**

## DELRIDGE CC

Monday-Friday: 9:30 a.m.-6:30 p.m.

### **GUITAR LESSONS**

#### **Ages 6 and Older**

Learn expression through music! Lessons are 30 minutes long, and are tailored to each individual student, and students will learn to read music, play by ear, music theory, and composition. By the end of the course, the student will be playing well known melodies or strumming along with their favorite songs. Student, please bring a guitar (acoustic guitar preferred), a tuner and guitar picks.

<u>58286</u>	7/7-8/25	Friday	Noon-12:45 p.m.	\$320
<u>58295</u>	7/7-8/25	Friday	12:45-1:15 p.m.	\$320
<u>58296</u>	7/7-8/25	Friday	1:30-2 p.m.	\$320
<u>58297</u>	7/7-8/25	Friday	2:15-2:45 p.m.	\$320
<u>58298</u>	7/7-8/25	Friday	3-3:30 p.m.	\$320
<u>58300</u>	7/7-8/25	Friday	4:30-5 p.m.	\$320
<b>58301</b>	7/7-8/25	Friday	5:15-5:45 p.m.	\$320
<u>58302</u>	7/7-8/25	Friday	6-6:30 p.m.	\$320

### **PIANO LESSONS**

#### **Ages 6 and Older**

These weekly 30-minute private lessons cover music theory, ear training, and sight-reading which students will practice through pieces appropriate to their musical ability.

<u>57998</u>	7/11-8/29	Tuesday	12:45-1:15 p.m.	\$360
<u>58000</u>	7/11-8/29	Tuesday	1:30-2 p.m.	\$360
<u>58002</u>	7/11-8/29	Tuesday	2:15-2:45 p.m.	\$360
<b>58004</b>	7/11-8/29	Tuesday	3-3:30 p.m.	\$360
<b>58006</b>	7/11-8/29	Tuesday	3:45-4:15 p.m.	\$360
<b>58008</b>	7/11-8/29	Tuesday	4:30-5 p.m.	\$360
<b>58010</b>	7/11-8/29	Tuesday	5:15-5:45 p.m.	\$360
<u>58012</u>	7/11-8/29	Tuesday	6-6:30 p.m.	\$360

#### **KARATE: THE EMPTY HAND STYLE**

This class presents a multi-disciplinary self-defense approach. Students will study and practice basic Shotokan Karate techniques and strategies and learn to defend against larger and/ or multiple opponents. Come join the fun and get great exercise too! Open to adults and children.

Level 1	ı		Ages	6- <u>17</u>
<u>58014</u>	7/10-9/20	M/W	4:30-5:15 p.m.	\$50
Level 2		Ages 8 and Older		
<u>58015</u>	7/10-9/20	M/W	5:30-6:30 p.m.	\$50



Delridge CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023



### **SUMMER CAMP: PARKOUR VISIONS**

Why walk when you can parkour from Point A to Point B? This course will practice jumping, landing, vaulting, balancing, swinging, climbing, acrobatics, and rolling. Your child will put their skills into action during instruction, games, and supervised free play.

#### Ages 6-12

<u>57430</u>	8/14-8/18	Mon-Fri	9:30 a.m12:30 p.m.	\$310
Ages 8	-14			

**57431** 8/14-8/18 1:30-4:30 p.m. \$310 Mon-Fri

## **REGISTRATION OPENS MAY 23RD**



**REGISTER ONLINE:** https://bit.ly/spr\_activity\_reg

## **HIGH POINT CC**

## **SOUTHWEST SEATTLE**

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 9 a.m.-5 p.m. | Sunday: Noon-7 p.m.

## **TAE KWON DO**

#### Ages 10 and Older

Learn Tae Kwon Do, a Korean martial art known primarily for its fast sparring techniques, dynamic forms, and strong kicks. Taught in a non-competitive atmosphere, students will improve physical abilities such as strength, speed, and coordination; and mental attributes such as confidence, self-control, and willpower. NO CLASS: 7/4

<u>57508</u>	7/1-7/29	Tu/Th	6-7:30 p.m.	\$45
		Saturday	9:30-11:30 a.m.	
<u>57509</u>	8/1-9/2	Tu/Th	6-7:30 p.m.	\$45
		Saturday	9:30-11:30 a.m.	

## **TANG SOO DO KARATE**

#### Ages 10 and Older

Self-defense is an important aspect of martial arts, but students will also learn self-confidence, focus, and integrity. Learning these important skills in addition to being physically fit is often why people start Tang Soo Do. We encourage parents to take classes with their kids whenever possible. Additional fees required. Please be prepared to order your uniform (dobok) after your first session. A one-time registration fee of \$35 to join the WTSDA (World Tang Soo Do Association) is required before the 2nd session or belt test, whichever comes first. When the student joins the WTSDA, they will receive their official patches for their uniforms.

7/28-8/30 Wednesday \$70 **57418** 5:45-7 p.m.

### **LITTLE HOOPERS**

#### Ages 3-5

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parents must be present in the gym for class.

\$80 57507 6/13-6/29 Tu/Th 4-4:45 p.m.



**High Point CC has Summer Camps!** Scan here to learn more or check out: bit.ly/SPR SummerCamp2023

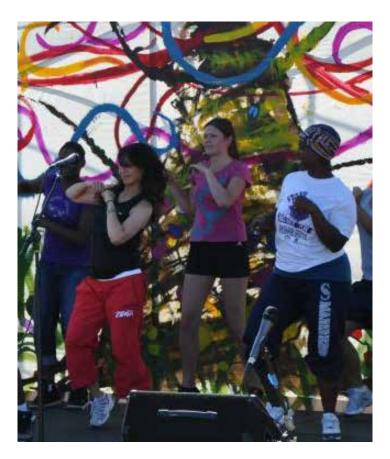


### **WORLD MUSIC DANCE FITNESS**

#### Ages 16 and Older

Move your body, improve stamina, gain strength and flexibility as you travel the world through dance. You"ll find a combination of social engagement, culture, entertainment, and blast of fun. Bring all your friends and family, let's jam together!

58052 7/10-7/31 Monday 6:15-7:15 p.m. \$40 58093 8/7-8/28 Monday 6:15-7:15 p.m. \$40



## **SOUTHWEST SEATTLE**

## **SOUTH PARK CC**

Monday-Friday: 9 a.m.-6 p.m.



#### ON SNAP! PHOTOGRAPHY FOR TEENS

#### Ages 14-19

Learn some tips, tricks, editing skills, give and receive critiques to up your game.

Want to up your selfie game? Capture amazing points in your life?

W/F 4:30-5:30 p.m. **FREE** 57380 7/5-7/28 57381 8/2-8/30 W/F 4:30-5:30 p.m. **FREE** 



### **WRITE YOUR STORY**



#### Ages 8-12

Have you ever dreamed of writing and illustrating your very own story? Do that and more with the assistance of professional writers in this program. At the end of the course, you'll leave with a color, spiral-bound copy of your book to keep. Students should plan to attend all 12 sessions.

**57190** 6/29-9/7 **FREE Thursday** 4-5 p.m.

## **BEGINNER MUSIC PRODUCTION FOR TEENS**



#### **Ages 14-19**

Ever dream of working in a big production studio. Here's your chance to learn beginner techniques in music production form which DAW works best for you to how MIDI is integrated into the music production process. You will learn basics to electronic music and MI-DI-based musical compositions.

57382 7/6-7/27 Tu/Th 6:30-7:30 p.m. **FREE** 57393 8/1-8/31 Tu/Th 6:30-7:30 p.m. **FREE** 

## **YESLER CC**

## SOUTHWEST SEATTLE

Monday-Friday: 10 a.m.-8 p.m. | Saturday: 8:30 a.m.-5:30 p.m.

## **BOTOKUKAN KARATE**

#### **Ages 8 and Older**

American Butokukan translates to "Institute of Martial Virtue" and is a modern, comprehensive, integrated program of instruction in traditional East-Asian martial arts. The training is both mental and physical. Mental aspects of training involve the development of self-discipline, self-confidence, tolerance, and understanding. Physical training encompasses aikido, karate, and related weapons. Taught by Grandmaster Tyron Asphy.

<u>58335</u>	6/26-7/19	M/W	6-7:45 p.m.	\$45
<u>58336</u>	7/24-8/16	M/W	6-7:45 p.m.	\$45
58337	8/21-8/30	M/W	6-7:45 p.m.	\$25

## **AROMA COOKING CLASS**



#### **Ages 12-18**

This easy-to-follow cooking class will teach you basic culinary skills like chopping, slicing, dicing, and sautéing. Take control of your kitchen by learning how to meal plan, shop for food, and help another chef.

**58304** 6/28-8/30 Wednesday 4-6:30 p.m. FREE





Yesler CC has Summer Camps! Scan here to learn more or check out: bit.ly/SPR SummerCamp2023



## **ARTS AND CRAFTS**



#### **Ages 10-18**

Are you creative and like to paint or design things from scratch? Join our program and find the freedom of expression as we make tie dye t-shirts, bracelets, scented candles, and much more.

**58305** 7/27-9/5 Tuesday 4-6:30 p.m. FREE

## REGISTRATION OPENS MAY 23RD

REGISTER ONLINE: https://bit.ly/spr\_activity\_reg

## **CITYWIDE ATHLETICS**



## We partner with local organizations to provide free summer sports camps!

Sports camps offerings consist of soccer, basketball, tennis and much more! Dates and times vary. You can view all camp offerings and register on ActiveNet. For more info on the program, please call (206) 684-7091 or email pks cya@seattle.gov.

For more information, visit: <a href="https://www.seattle.gov/">https://www.seattle.gov/</a> parks/recreation/sports/vouth-sports

## **KNOW ANY COACHES?**

Consider volunteering as a coach, or helping with recruitment of our coaches. Our low-cost leagues can't operate without the dedication of our awesome coaches!



## **COVID GUIDELINES**

## BEFORE YOU VISIT







## **CHECK FOR SYMPTOMS**

Do not attend programs if you've had a known Covid-19 exposure in the last 14 days or are experiencing unexplained:







SHORTNESS OF BREATH



SORE THROAT



**MUSCLE & HEAD ACHES** 



**CHILLS** 



LOSS OF SMELL OR TASTE



## **OPTIONAL FACE COVERING**

Masks are no longer required for entry to our centers. Please self-screen prior to coming to a recreation facility/event to stop the spread of illness.



## **ADDITIONAL INFORMATION**

#### **PAYMENT**

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be canceled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

#### **FEES AND CHARGES**

ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable. City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

#### **CONFIRMATIONS**

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or canceled.

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-A full refund will be issued for any program, activity, or reservation that is canceled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund credit is given if program is canceled due to emergency or weather for the first two canceled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a

-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service

#### **DROPPING A PROGRAM AFTER THE SECOND SESSION:**

If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here: www.seattle.gov/parks/reservations/feesandcharges/refunds.htm

#### POOL PERSONAL LESSON REFUND/TRANSFER POLICY

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

#### **GROUP LESSON REFUND POLICY**

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

#### **CLASS CANCELLATIONS**

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a canceled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

#### **WAITING LISTS**

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

#### **SCHOLARSHIPS**

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

#### ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical

#### ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

#### **SPECIAL POPULATIONS**

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

#### **INTERESTED IN TEACHING?**

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

#### **INSURANCE**

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

#### **MORE INFORMATION**

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with disabilities.

We provide recreation programs for all ages. Currently, we are offering smaller in person programs such as: adult social and fitness programs, young adult social programs, and youth afterschool and Saturday programs

To learn more about our programs, call: 206-684-4950 or check out our website at: <a href="https://bit.ly/spr-specialized-programs-home">https://bit.ly/spr-specialized-programs-home</a>



